# The "HEARING BONE'S" Connected to the WHAT?

Treating hearing loss can lead to healthier, happier, and more vital daily living.

### **MENTAL HEALTH**

Less risk of depression in people who choose to treat hearing loss.



# **BALANCE & SAFETY**

Hearing loss is tied to increased risk of falling and accidental injury.



### **DIABETES**

People with diabetes are 2x more likely to develop hearing loss.



### **HEART HEALTH**

Your hearing health may suggest your risk of cardiovascular disease.



### **STAYING SHARP**

Hearing aids may help slow cognitive decline.



## **HEALTH CARE COSTS**

Good hearing can lead to savings in health care costs.



### LONGEVITY

Hearing aids can lower the risk of mortality for people with hearing loss.

Treating hearing loss can improve communication skills, decrease social isolation and loneliness, strengthen interpersonal relationships, enhance cognitive functioning, and lead to a longer, healthier life.

Take an online hearing check at HEARING.ORG